



Pam Vaccaro, MA, CSP

Pam Vaccaro is president of Designs on Time. Her company challenges individuals and companies to rethink traditional time management and provides insights on how to adjust to the revolutionary effects technology has had on managing time and staying organized.

Her clients include the Marriott hotels, Anheuser-Busch, Jack in the Box, Ogilvy Public Relations Worldwide, Harvard University, and many associations representing varied industries internationally.

Pam Vaccaro's insightful and non-traditional approach to time management brings her presentations to audiences internationally. Pam has often been the person companies and associations select when they are looking for something different especially on a somewhat worn topic like "time management."

Articles about Pam's ideas have also appeared in *Medical Economics*, *Cardiology Today*, *Cosmetic Surgery Times*, *Good Housekeeping*, *Redbook*, and hundreds of newsletters and newspapers.

Pam is also one of only 159 women in the international speaking community to become a Certified Speaking Professional. This is the highest earned recognition in the National Speakers Association.

She is author of *Beyond the Ice Cream Cone: the Whole Scoop on Food at the 1904 World's Fair*. Her book features one of America's famous dieticians-Sarah Tyson Rorer. Reviewed in the NY Times as one of the most well researched books of its kind. She is also a 2005 Emmy nominee for her work on the documentary, *The World's Greatest Fair* proving that we can follow our dreams and get our work done too.